



YORK REGION

# FOOD FOR LEARNING



York Region Food for Learning is a diverse community partnership dedicated to supporting breakfast and snack programs in schools across the 9 municipalities in York Region.

## DID YOU KNOW...

**270** schools throughout York Region offer students daily healthy and nutritious breakfasts and snacks to ensure kids are well-nourished and ready for learning?



## IN 2022-23....

Over 10 million meals were provided to students in York Region. The demand for a student nutrition program continues to grow: schools applied for over 13 million meals in 2023-2024!!



## HOW ARE PROGRAMS FUNDED?

Ministry of Children, Community and Social Services provides seed funding of approximately 5% of the program costs. The Breakfast and Grocery Clubs of Canada provide additional start-up funding.



## FUNDING THE GAP

Schools must provide the balance of funding for food, supplies and equipment through school based fundraising, grants and community donations. This can lead to more access to healthy food in some schools than others.



## WHAT DOES IT COST?

A snack consisting of two food groups costs approximately \$1.25 per snack. A breakfast consisting of three food groups costs approximately \$2.00 per meal. Fruit or a vegetable is a part of every snack or meal.



## HOW CAN YOU HELP?

A small donation makes a big difference!!

- \$500.00 provides 400 snacks or 250 breakfasts
- \$100.00 provides 80 snacks or 50 breakfasts
- \$50.00 provides 40 snacks or 25 breakfasts



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