

# Student Nutrition Programs (SNP) in York Region 2022-23 Year-in-Review

1

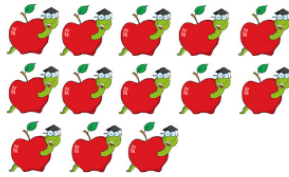
## WE FEED KIDS

**10,972,450 breakfasts, snacks and lunches** served in schools throughout York Region during the 2022-23 school year

An increase of more than 4 million from last school year!



"Many of our students experience food insecurities and it's not always easy to identify. Having a free and open breakfast cart with no barriers allow those students the access to nutrition that not only encourages children to attend school but can improve academic outcome and achievement." ~ Teacher Feedback



13 **NEW** schools started SNP in 2022-23!

2

## SCHOOL PROGRAMS

**270 schools** offered SNP in York Region in 2022-23  
**194 breakfast programs**  
**145 snack programs**  
**34 lunch programs**

3

## CHALLENGES

- Rising costs-** for food and equipment
- Lack of funding-** schools must fundraise
- Not enough food-** schools forced to offer less than the demand
- Not enough volunteers-** many never returned after COVID



When one school had to stop SNP in May due to a lack of funds, students created this protest sign, "We Want Apples". Thanks to a donation, the school got more apples in June.



4

## BENEFITS OF SNP

- Students focus on learning, not hunger
- Students are choosing healthy food
- Increased access to fresh fruit/vegetables
- Increase in academic success
- Nutritional safety net for at-risk students

## THANK YOU 2022-23 DONORS!

Breakfast Club of Canada  
 Good Shepherd Daycare  
 Greater Toronto Sewer and Watermain Contractors Association  
 Grocery Foundation; LIUNA Local 183  
 MAZON Canada  
 Our Lady Queen of the World Parish  
 Schad Foundation; Uken Games; York Dairy  
 York Region's Community Investment Fund  
**and funded by:**  
 The Ministry of Children, Community and Social Services

5

York Region Food for Learning is a volunteer community partnership dedicated to supporting SNP. We represent schools, boards, community organizations, local government and Student Nutrition Programs. We meet monthly to advance SNP throughout York Region. SNP is managed by the Lead Agency for Central-East Ontario, Peterborough Child and Family Centres.